

# A Different Kind of Grief<sup>SM</sup>

The client grief process from an overdose or addiction-related death

We are excited to host Gloria Englund, MA, psychotherapist, author, Recovery Coach, and accomplished public speaker for a half-day training this Spring. Gloria is the founder of Recovering u, and offers highly acclaimed support groups for those who have lost a loved one to addiction.

The stigma and shame surrounding the disease of addiction (that often keeps clients from seeking support after addiction-related deaths) can be lessened through education and understanding the role this disease plays in the grief process. The intersection of trauma and grief, the client's need to receive support for their loss, self-care practices, and the understanding of Post-traumatic Growth are paramount to supporting this kind of bereavement.

**\$15/person**

**Friday MAY 10, 2019**

## SCHEDULE

8:30am - 9:00am REGISTRATION

9:00am - NOON WORKSHOP

## WHERE

Wayzata Community Church / Mithun Hall  
125 Wayzata Blvd. E, Wayzata, MN

## REGISTER

Pre-registration required as space is limited.

## PARTICIPANTS CAN EXPECT TO

- Examine and recognize how the interplay of stigma, shame, and trauma of addiction may block the grief process.
- Review and discuss research about the Dual Process Model of Coping from Bereavement.
- Explore how Post-traumatic Growth may present as part of the healing process.



**GLORIA ENGLUND, MA**, has been in recovery since 1982. An "unwilling expert," Gloria learned first-hand about losing a loved one to an addiction disorder. Her son, Aaron, who had struggled with addiction since his teens, died of an overdose when he was 33 years old. Gloria holds a Masters of Arts in Human Development, and is the author of "Living in the Wake of Addiction: Lessons for Courageous Caregiving."

*This activity is approved by the Minnesota Board of Behavioral Health and Therapy for 3 hours of credit for LADC, LPC, and LPCC. The Retreat is a State of Minnesota Board of Social Work approved Continuing Education Partner.*

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If e-mailing this form, please do not include credit card information. If paying via credit card, please use the online registration link.

PLEASE SIGN ME UP!

LAST NAME FIRST NAME

ORGANIZATION TITLE

ADDRESS

CITY / STATE / ZIP

DAY PHONE MOBILE PHONE

EMAIL ADDRESS

**\$15/person**

**TO REGISTER ONLINE VISIT:**  
[info.theretreat.org/gloria-englund-event-register](http://info.theretreat.org/gloria-englund-event-register)

My check made payable to The Retreat is enclosed.

Please charge my VISA/MASTERCARD/DISCOVER/AMEX \$

CREDIT CARD # EXP/ DATE

NAME AND ADDRESS OF CARDHOLDER IF DIFFERENT FROM ABOVE

Please make your payment along with completed Registration Form to the address below:

**The Retreat**  
1221 Wayzata Boulevard East  
Wayzata MN 55391  
952.476.0566 or 1.877.446.9283  
FAX : 952.404.7208  
[theretreat.org](http://theretreat.org)

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Friday, MAY, 10, 2019  
Registration 8:30am | Workshop 9:00am - NOON  
Wayzata Community Church  
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